

Athletic Packet Instructions/Checklist

Please check along as you complete each item to make sure you have them all.

INCOMPLETE PACKETS WILL NOT BE ACCEPTED

Student Name _____

Grade _____

- Student-Athlete Registration Packet
- Parent/Guardian Release Form for each Sport
- Game Day Expectations Form
- Parent/Guardian Extracurricular Athletic Transportation Form
- Weight and Fitness Room Inherent Risk Consent Form
- Sudden Cardiac Arrest Form
- Physical Exam (*please check one and follow directions*) – expires every 2 years
 - I still have my physical on file at Roosevelt HS (check the Source for the date).
 - Date of Physical: _____
 - I have a physical on file at my Middle School.
 - Please ask your Middle School for a copy of the physical and attach it to this packet.
 - I do NOT have a physical on file / My physical has EXPIRED
 - Please go to our website, print out the Physical Exam Form (3 pages), and have a physician fill it out and sign. Attach it to this packet prior.
- Purchase an **ASB/Activity Card**
 - ASB Card Only \$50
 - Yearbook/ASB Combo \$90
 - Please contact your Counselor if in need of a Waiver or Financial Aid.
- Pay your **FINES**. Check the Source to see if you have any.

Check out RHS Athletics Website for updates, due dates, and more info:

https://roosevelths.seattleschools.org/student_activities/athletics/

Turn in completed packet in the Main Office