

Roosevelt HS Running Start Information Session

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Carrie Richard, Roosevelt HS School Counselor
Chelsea Good, North Seattle College Running Start Coordinator

Why Running Start?

▶ Advantages

- ▶ Free college credits
- ▶ Opportunity to experience college environment
- ▶ Expanded course offerings, allows for exploration, more world language options, and chance to go further in certain content areas
- ▶ Potential to earn more credits during a school year; potential positive impact on GPA
- ▶ Fewer classes to manage at a time, depending on schedule = more time to get work done

▶ Potential concerns

- ▶ No access to monitor academic progress for school counselor, parent until final grades posted
- ▶ Not a good fit for all students
- ▶ Schedule complications with high school semesters vs. college quarters and fitting courses with high school offerings
- ▶ Potential negative impact on GPA
- ▶ Some colleges might prefer to see AP over RS courses

Getting Started

- ▶ Eligibility - must demonstrate college-level readiness
- ▶ College-Level Placement Options
 - ▶ High School State Test Scores (SBAC), level 3 or higher
 - ▶ High School transcript (courses and grades)- math placement only
 - ▶ SAT scores - English placement (510 or higher), limited math placement (520, does not place students into Pre-calculus)
 - ▶ ACT scores - English (19 or higher on both Reading & English) or math placement (22)
 - ▶ Placement tests at college (Wonderlic - English; Pearson My Math)
 - ▶ AP exam scores

What does it look like?

- ▶ One 5 credit class at the college = 1.0 high school credit
- ▶ 15 credits at the college is considered a full load, and is the maximum number of credits allowed through Running Start
- ▶ Students can take classes at both the high school and the college, or take classes only at the college (typically do not recommend full time for juniors or first-year Running Start students)
- ▶ Colleges are on the quarter system, so students can take classes during Fall, Winter, and Spring quarters through Running Start (not Summer quarter)
- ▶ Students must register each quarter at the college, which requires paperwork signed by both the school counselor and a parent/guardian
- ▶ Specific college courses meet high school graduation requirements (equivalencies document)

Selecting Courses

- ▶ Meet with high school counselor
- ▶ Map out one/two year plan to meet all high school graduation requirements
 - ▶ High school graduation requirements must be met by the end of winter quarter at the college during senior year
- ▶ Limits on credits
 - ▶ Number of courses allowed at college depends on number of courses at high school

# of periods at High School	Max # credits for Running Start
5 or 6	3
4	6
3	10
2	12
1 or 0	15

- ▶ Meet with college Running Start Coordinator

Moving forward...

- ▶ College credits are entered at the end of each college quarter - college transcripts sent directly to high school
- ▶ Students must meet with high school counselor each quarter to get EVF signed off
- ▶ Students must meet with Running Start Coordinator each quarter

Resources

- ▶ High School Counselor
- ▶ Running Start website
 - ▶ Campus process - varies slightly across campuses
 - ▶ Critical deadlines - priority registration, drop deadlines
- ▶ Running Start Coordinator
- ▶ Other College campus resources
 - ▶ Student Support Services (504 accommodations)
 - ▶ Advising
 - ▶ Tutoring

The College Side of Things

- ▶ Welcome Chelsea Good, Running Start Coordinator from North Seattle College

Q & A

▶ Thank you for coming!