Roosevelt HS
Running Start Information Session

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Why Running Start?

**Advantages**
- Free college credits
- Opportunity to experience college environment
- Expanded course offerings, allows for exploration, more world language options, and chance to go further in certain content areas
- Potential to earn more credits during a school year; potential positive impact on GPA
- Fewer classes to manage at a time, depending on schedule = more time to get work done

**Potential concerns**
- No access to monitor academic progress for school counselor, parent until final grades posted
- Not a good fit for all students
- Schedule complications with high school semesters vs. college quarters and fitting courses with high school offerings
- Potential negative impact on GPA
- Some colleges might prefer to see AP over RS courses
Getting Started

- Eligibility - must demonstrate college-level readiness
- College-Level Placement Options
  - High School State Test Scores (SBAC), level 3 or higher
  - High School transcript (courses and grades)- math placement only
  - SAT scores - English placement (510 or higher), limited math placement (520, does not place students into Pre-calculus)
  - ACT scores - English (19 or higher on both Reading & English) or math placement (22)
  - Placement tests at college (Wonderlic - English; Pearson My Math)
  - AP exam scores
What does it look like?

- One 5 credit class at the college = 1.0 high school credit
- 15 credits at the college is considered a full load, and is the maximum number of credits allowed through Running Start
- Students can take classes at both the high school and the college, or take classes only at the college (typically do not recommend full time for juniors or first-year Running Start students)
- Colleges are on the quarter system, so students can take classes during Fall, Winter, and Spring quarters through Running Start (not Summer quarter)
- Students must register each quarter at the college, which requires paperwork signed by both the school counselor and a parent/guardian
- Specific college courses meet high school graduation requirements (equivalencies document)
Selecting Courses

- Meet with high school counselor
- Map out one/two year plan to meet all high school graduation requirements
  - High school graduation requirements must be met by the end of winter quarter at the college during senior year
- Limits on credits
  - Number of courses allowed at college depends on number of courses at high school

<table>
<thead>
<tr>
<th># of periods at High School</th>
<th>Max # credits for Running Start</th>
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<tbody>
<tr>
<td>5 or 6</td>
<td>3</td>
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<tr>
<td>4</td>
<td>6</td>
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<tr>
<td>3</td>
<td>10</td>
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<tr>
<td>2</td>
<td>12</td>
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<tr>
<td>1 or 0</td>
<td>15</td>
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- Meet with college Running Start Coordinator
Moving forward...

- College credits are entered at the end of each college quarter - college transcripts sent directly to high school
- Students must meet with high school counselor each quarter to get EVF signed off
- Students must meet with Running Start Coordinator each quarter
Resources

- High School Counselor
- Running Start website
  - Campus process - varies slightly across campuses
  - Critical deadlines - priority registration, drop deadlines
- Running Start Coordinator
- Other College campus resources
  - Student Support Services (504 accommodations)
  - Advising
  - Tutoring
The College Side of Things

- Welcome Chelsea Good, Running Start Coordinator from North Seattle College
Q & A

- Thank you for coming!